

Menu Calendar Report - March, 2018

Generated on: 2/19/2018 12:11:12 PM by Emily de Graaf

Site: Aspen Valley Campus
 Meal Type: Lunch
 Site Group: Did You Know Café
 Menu Line: CH-Main Event

Monday	Tuesday	Wednesday	Thursday	Friday
26 Feb	27 Feb	28 Feb	1 Mar	2 Mar
Cheesy Breadsticks w/Italian Sauce (35.70 g) Salad Entree, Crispy Chicken Salad w/Romaine, Crackers (28.50 g) Applesauce, unsweetened (15.02 g) Juice, 100% Apple Suncup 4 fl oz (14.00 g) Oranges, fresh, wedges, unpeeled (11.28 g) Celery Sticks (1.92 g) Fresh Baby Carrots (5.84 g) Salad Mix with Romaine (2.50 g) Chocolate Milk, Skim, Half Pint (20.00 g) White Milk, 1%, Half Pint (13.00 g) Italian Dressing, Fat Free (3.00 g) Ranch Dressing, made with powdered milk (0.73 g)	Cheese Pizza on whole grain crust (35.62 g) Meatlovers Pizza on whole grain crust (36.53 g) Sandwich, Ham & Cheese on Rich's mini sub roll (28.50 g) Fruit Cocktail w/peaches, pears & grapes (15.22 g) Juice, 100% Apple Suncup 4 fl oz (14.00 g) Red Seedless Grapes (16.42 g) Broccoli florets (2.11 g) Cauliflower florets (2.52 g) Salad Mix with Romaine (2.50 g) Chocolate Milk, Skim, Half Pint (20.00 g) White Milk, 1%, Half Pint (13.00 g) Italian Dressing, Fat Free (3.00 g) Ketchup, Hunts (10.00 g) Lays Potato Chips, 0.5 oz package (8.00 g) Mustard, French's Classic Yellow Ranch Dressing, made with powdered milk (0.73 g)	Fiesta Salad, salad mix w/romaine, black bean, salsa, cheddar, EAC RECIPE (44.89 g) Zesty Orange Chicken, Tyson nuggets, zesty orange sauce, (33.61 g) Rice, Brown (12.75 g) Fresh Red Apple (20.05 g) Juice, 100% Apple Suncup 4 fl oz (14.00 g) Pears, diced (15.29 g) Celery Sticks (1.92 g) Fresh Baby Carrots (5.84 g) Salad Mix with Romaine (2.50 g) Chocolate Milk, Skim, Half Pint (20.00 g) White Milk, 1%, Half Pint (13.00 g) Italian Dressing, Fat Free (3.00 g) Italian Dressing, Fat Free (3.00 g) Ranch Dressing, made with powdered milk (0.73 g)	Chili Fritos made with beef chili, fritos & cheddar cheese (59.60 g) Sandwich, Turkey & Cheese Sub (28.75 g) Cinnamon Apple Slices (12.69 g) Fresh Banana (26.95 g) Juice, 100% Apple Suncup 4 fl oz (14.00 g) Salad Mix with Romaine (2.50 g) Tomatoes, Grape (2.87 g) Vegetarian Baked Beans (28.45 g) Chocolate Milk, Skim, Half Pint (20.00 g) White Milk, 1%, Half Pint (13.00 g) Italian Dressing, Fat Free (3.00 g) Ketchup, Hunts (10.00 g) Lays Potato Chips, 0.5 oz package (8.00 g) Mustard, French's Classic Yellow Ranch Dressing, made with powdered milk (0.73 g)	Fruit Plate: Yogurt, Cheese, Fruit, Blueberry Muffin (74.98 g) Sandwich, Crispy Chicken, Bimbo hamburger bun (43.00 g) Fresh Red Apple (20.05 g) Juice, 100% Apple Suncup 4 fl oz (14.00 g) Peaches, diced (15.17 g) Broccoli florets (2.11 g) Cauliflower florets (2.52 g) Salad Mix with Romaine (2.50 g) Tater Tots (15.97 g) Chocolate Milk, Skim, Half Pint (20.00 g) White Milk, 1%, Half Pint (13.00 g) Italian Dressing, Fat Free (3.00 g) Ketchup, Hunts (10.00 g) Mustard, French's Classic Yellow Ranch Dressing, made with powdered milk (0.73 g)
5 Mar	6 Mar	7 Mar	8 Mar	9 Mar
Beef & Cheese Nachos (25.37 g) Sandwich, Ranch Italian Wrap, ranch from scratch (32.38 g) Applesauce, unsweetened (15.02 g) Juice, 100% Apple Suncup 4 fl oz (14.00 g) Oranges, fresh, wedges, unpeeled (11.28 g) Celery Sticks (1.92 g) Fresh Baby Carrots (5.84 g) Salad Mix with Romaine (2.50 g) Chocolate Milk, Skim, Half Pint (20.00 g) White Milk, 1%, Half Pint (13.00 g) Italian Dressing, Fat Free (3.00 g) Lays Potato Chips, 0.5 oz package (8.00 g) Ranch Dressing, made with powdered milk (0.73 g)	Chicken Parmesan with Rotini Pasta (38.63 g) Hummus Box: Hummus, Carrots, Celery, Flatbread (54.06 g) Fresh Red Apple (20.05 g) Fruit Cocktail w/peaches, pears & grapes (15.22 g) Juice, 100% Apple Suncup 4 fl oz (14.00 g) Broccoli florets (2.11 g) Cauliflower florets (2.52 g) Salad Mix with Romaine (2.50 g) Chocolate Milk, Skim, Half Pint (20.00 g) White Milk, 1%, Half Pint (13.00 g) Italian Dressing, Fat Free (3.00 g) Ranch Dressing, made with powdered milk (0.73 g)	Hot Dog on whole grain bun (31.99 g) Salad Entree, Chef Salad, Romaine, Crackers, Academy Bakery Roll (33.63 g) Juice, 100% Apple Suncup 4 fl oz (14.00 g) Oranges, fresh, wedges, unpeeled (11.28 g) Pears, diced (15.29 g) Celery Sticks (1.92 g) Fresh Baby Carrots (5.84 g) Potato Smiles (20.51 g) Salad Mix with Romaine (2.50 g) Chocolate Milk, Skim, Half Pint (20.00 g) White Milk, 1%, Half Pint (13.00 g) Italian Dressing, Fat Free (3.00 g) Ketchup, Hunts (10.00 g) Mustard, French's Classic Yellow Ranch Dressing, made with powdered milk (0.73 g)	Cheese Pizza on whole grain crust (35.62 g) Pepperoni Pizza on whole grain crust (35.74 g) Salad Entree, Chicken Caesar Salad w/CROUTONS, Academy Roll (32.49 g) Fresh Banana (26.95 g) Juice, 100% Apple Suncup 4 fl oz (14.00 g) Peaches, diced (15.17 g) Cucumber Slices (2.08 g) Garbanzos Beans (chickpeas) (19.81 g) Salad Mix with Romaine (2.50 g) Chocolate Milk, Skim, Half Pint (20.00 g) White Milk, 1%, Half Pint (13.00 g) Italian Dressing, Fat Free (3.00 g) Ketchup, Hunts (10.00 g) Mustard, French's Classic Yellow Ranch Dressing, made with powdered milk (0.73 g)	Sandwich, Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, Bimbo hamburger bun (34.00 g) Sandwich, Ham & Cheese on Rich's mini sub roll (28.50 g) Fresh Red Apple (20.05 g) Juice, 100% Apple Suncup 4 fl oz (14.00 g) Pineapple, diced (18.87 g) Baked Fries, Crinkle Cut (21.00 g) Cauliflower florets (2.52 g) Fresh Broccoli Florets (2.12 g) Salad Mix with Romaine (2.50 g) Chocolate Milk, Skim, Half Pint (20.00 g) White Milk, 1%, Half Pint (13.00 g) Italian Dressing, Fat Free (3.00 g) Lays Potato Chips, 0.5 oz package (8.00 g) Ranch Dressing, made with powdered milk (0.73 g)

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12 Mar	13 Mar	14 Mar	15 Mar	16 Mar
Chicken Corn Dog, whole grain (30.00 g) Sandwich, Chicken Bacon Ranch Wrap, ranch from scratch (30.73 g) Applesauce, unsweetened (15.02 g) Juice, 100% Apple Suncup 4 fl oz (14.00 g) Oranges, fresh, wedges, unpeeled (11.28 g) Celery Sticks (1.92 g) Fresh Baby Carrots (5.84 g) Potato Smiles (20.51 g) Salad Mix with Romaine (2.50 g) Chocolate Milk, Skim, Half Pint (20.00 g) White Milk, 1%, Half Pint (13.00 g) Italian Dressing, Fat Free (3.00 g) Lays Potato Chips, 0.5 oz package (8.00 g) Ranch Dressing, made with powdered milk (0.73 g)	Cheese Pizza on whole grain crust (35.62 g) Meatlovers Pizza on whole grain crust (36.53 g) Sandwich, Ham & Cheese on Rich's mini sub roll (28.50 g) Fresh Pears (27.11 g) Fruit Cocktail w/peaches, pears & grapes (15.22 g) Juice, 100% Apple Suncup 4 fl oz (14.00 g) Broccoli florets (2.11 g) Cauliflower florets (2.52 g) Salad Mix with Romaine (2.50 g) Chocolate Milk, Skim, Half Pint (20.00 g) White Milk, 1%, Half Pint (13.00 g) Italian Dressing, Fat Free (3.00 g) Lays Potato Chips, 0.5 oz package (8.00 g) Ranch Dressing, made with powdered milk (0.73 g)	Fruit Plate: Yogurt, Cheese, Fruit, Blueberry Muffin (74.98 g) Rotini & Meatballs (37.13 g) Dinner Roll, Bakery (22.09 g) Fresh Red Apple (20.05 g) Juice, 100% Apple Suncup 4 fl oz (14.00 g) Pears, diced (15.29 g) Celery Sticks (1.92 g) Fresh Baby Carrots (5.84 g) Salad Mix with Romaine (2.50 g) Chocolate Milk, Skim, Half Pint (20.00 g) White Milk, 1%, Half Pint (13.00 g) Italian Dressing, Fat Free (3.00 g) Ketchup, Hunts (10.00 g) Mustard, French's Classic Yellow Ranch Dressing, made with powdered milk (0.73 g)	Sandwich, Crispy Chicken, Bimbo hamburger bun (43.00 g) Sandwich, Turkey & Cheese Sub (28.75 g) Cinnamon Apple Slices (12.69 g) Fresh Banana (26.95 g) Juice, 100% Apple Suncup 4 fl oz (14.00 g) Cucumber Slices (2.08 g) Salad Mix with Romaine (2.50 g) Tater Tots (15.97 g) Vegetarian Baked Beans (28.45 g) Chocolate Milk, Skim, Half Pint (20.00 g) White Milk, 1%, Half Pint (13.00 g) Italian Dressing, Fat Free (3.00 g) Ketchup, Hunts (10.00 g) Lays Potato Chips, 0.5 oz package (8.00 g) Mustard, French's Classic Yellow Ranch Dressing, made with powdered milk (0.73 g)	Fiesta Salad, salad mix w/romaine, black bean, salsa, cheddar, EAC RECIPE (44.89 g) Sandwich, Grilled Cheese, Academy Bakery sliced bread, American cheese, Secondary (26.49 g) Fresh Red Apple (20.05 g) Juice, 100% Apple Suncup 4 fl oz (14.00 g) Peaches, diced (15.17 g) Pears, diced (15.29 g) Broccoli florets (2.11 g) Cauliflower florets (2.52 g) Salad Mix with Romaine (2.50 g) Soup, Tomato, Canned, Campbells (13.50 g) Chocolate Milk, Skim, Half Pint (20.00 g) White Milk, 1%, Half Pint (13.00 g) Italian Dressing, Fat Free (3.00 g) Ranch Dressing, made with powdered milk (0.73 g)
19 Mar	20 Mar	21 Mar	22 Mar	23 Mar
Salad Entree, Chicken Caesar Salad w/CROUTONS, Academy Roll (32.49 g) Sandwich, Sloppy Joe, cooked beef crumbles, Academy Bakery Sub Roll (42.95 g) Applesauce, unsweetened (15.02 g) Juice, 100% Apple Suncup 4 fl oz (14.00 g) Oranges, fresh, wedges, unpeeled (11.28 g) Celery Sticks (1.92 g) Fresh Baby Carrots (5.84 g) Salad Mix with Romaine (2.50 g) Vegetarian Baked Beans (28.45 g) Chocolate Milk, Skim, Half Pint (20.00 g) White Milk, 1%, Half Pint (13.00 g) Italian Dressing, Fat Free (3.00 g) Ranch Dressing, made with powdered milk (0.73 g)	Macaroni & Cheese (59.75 g) Sandwich, Ranch Italian Wrap, ranch from scratch (32.38 g) Dinner Roll, Bakery (22.09 g) Fruit Cocktail w/peaches, pears & grapes (15.22 g) Juice, 100% Apple Suncup 4 fl oz (14.00 g) Nectarines, Fresh (14.98 g) Broccoli florets (2.11 g) Green Beans, cooked (4.33 g) Salad Mix with Romaine (2.50 g) Chocolate Milk, Skim, Half Pint (20.00 g) White Milk, 1%, Half Pint (13.00 g) BBQ Sauce (9.00 g) Italian Dressing, Fat Free (3.00 g) Ketchup, Hunts (10.00 g) Lays Potato Chips, 0.5 oz package (8.00 g) Mustard, French's Classic Yellow Ranch Dressing, made with powdered milk (0.73 g)	Salad Entree, Crispy Chicken Salad w/Romaine, Crackers (28.50 g) Sandwich, Cheeseburger, 2.4 oz beef, soy, mushroom patty, American cheese, Bimbo hamburger bun (34.00 g) Juice, 100% Apple Suncup 4 fl oz (14.00 g) Oranges, fresh, wedges, unpeeled (11.28 g) Pears, diced (15.29 g) Baked Fries, Crinkle Cut (21.00 g) Celery Sticks (1.92 g) Fresh Baby Carrots (5.84 g) Salad Mix with Romaine (2.50 g) Chocolate Milk, Skim, Half Pint (20.00 g) White Milk, 1%, Half Pint (13.00 g) Italian Dressing, Fat Free (3.00 g) Ranch Dressing, made with powdered milk (0.73 g)		

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Carbohydrate values in grams follow the Menu Item name